

Purple Light Nights Campaign

It *matter*

Creating confidence for
Mothers and Daughters

October 10 1:00 - 4:00 PM
Embassy Suites 2886 Airport Drive
Cost is \$10 per person

Join us for an afternoon program for mothers and daughters, ages 10-13. The program will include workshops about:

Choosing Respect

with Lisa Carroll RN BSN

We will discuss characteristics that should be part of any friendship or dating relationship.

Practicing Your Intuition

with Julie Harmon PhD.

Practice using your intuition to get what you want, stay safe and have fun in exploring new relationships.

Feeling Good About Yourself

with Judy Fisher LISW

The stronger a girl's self esteem, the better she is able to navigate the world and to make healthy decisions.

& a Special Panel for Mothers

with Dr. Cynthia Black M.D, Eileen Lee Cohen
PHD and Sargent Dawn Overly-Shererom

All attendees will walk away with confidence and new set of tools for creating confidence. Scholarships for the event are available. For more information and to register go to www.JFSColumbus.org or contact Lisa Carroll at 614.559.0124.

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LIVES

Together, WE CHANGE LIVES

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